

# The SICOT Educational Day

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# OVERVIEW

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- Conception
- Aim
- Organisation
- Execution
- Results.....
- Future



# CONCEPTION



# AIM

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- SICOT
- Is an international non-profit association incorporated under Belgian law
- The aim to promote the advancement of the science and art of orthopaedics and traumatology at international level
- In particular for the improvement of patient care, and to foster and develop teaching, research and education.



# CONCEPTION

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- Needs of Orthopaedic Residents, Fellows & Practicing Orthopaedic Surgeons are evolving constantly
- Evidence-based knowledge is expanding at a rapid rate
- All residents around the world take an exam at some stage to mark completion of training & / or demonstrate competency



# CONCEPTION

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- Also, most practicing Orthopaedic surgeons do have to undergo some form of appraisal or revalidation at regular intervals to demonstrate fitness to practice
- Therefore, acquiring and updating knowledge in a short span of time is essential



# CONCEPTION

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- No formal structured training from SICOT
- Educational Day was conceived with exactly this purpose in mind



# AIM

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- Provide a comprehensive review course and an evidence-based update for the residents and the practicing surgeons on a specific theme at each SICOT Congress
- Theme selected will be mutually beneficial to the residents in the exams and to the Orthopaedic surgeons in their daily practice



# ORGANISATION



# ORGANISATION

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- Being an examiner recognised the varying needs of the candidates from different parts of the world
- Also, lecturing around the world on various congresses made me aware of the varied needs
- Had the experience of running the programme in Cambridge for the SpRs
- National and International events



# ORGANISATION

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- Themes based on the syllabus for the EBOT, SICOT and FRCS (Orth) exam in the UK
- Reasonably priced for residents and surgeons in training
- Offers for Membership
- Proposal drafted



# EXECUTION

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- Proposal made to YSC
- Individual meetings
- Proposal made at CSAC and had tremendous support from Prof. Bunger, Hinsenkamp, Eulert & Tomas Trc



# EXECUTION

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- Numerous calls and over 200 emails to Bea
- Event planned for the first day of the Congress
- Programme drafted - 12 drafts!
- Based on syllabus



# FORMAT

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- Full Day 8.30 am to 5.30 pm
- Four-six, short, evidence-based instructional and interactive lectures in each section
- Ample breaks
- Enough time for discussion and debate during breaks



# FORMAT

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- Dedicated educationalists and leading surgeons invited to give talks
- Mix of young and and not so young
- Minimum of 4 local surgeons
- Around the globe
- Balanced approach and equal representation





## SICOT Educational Day 2011 - A New Comprehensive Review Course

**Vikas Khanduja**

Member of the SICOT Young Surgeons Committee  
Consultant Hip and Knee Surgeon, Cambridge, United Kingdom

The Educational Day is a new initiative by the SICOT Young Surgeons Committee and will be launched at the forthcoming SICOT 2011 XXV Triennial World Congress in Prague. This short article discusses the conception, the aims and objectives, and takes a peek into what one can expect from the first Educational Day in Prague next year.

The needs of Orthopaedic residents, fellows and practicing Orthopaedic surgeons around the world are evolving constantly. At the same time, evidence-based knowledge in Orthopaedics is expanding at a very rapid rate. Moreover, all the residents around the world need to take exams at some stage in their career to mark completion of training and/or demonstrate competency. Also, most practicing Orthopaedic surgeons do have to undergo some form of appraisal or revalidation at regular intervals to demonstrate fitness to practice. In both these scenarios, acquiring and updating knowledge in a short span of time is essential. The SICOT Educational Day was conceived with exactly this purpose in mind.

The theme for the forthcoming Congress in Prague is 'The Hip'. The event will be held at the Prague Congress Centre on 6 September 2011 between 8.30 and 17.30. The day focuses on all the elements of hip surgery right from anatomy and surgical approaches to complex revision hip arthroplasty. The format consists of four to six short lectures in each section followed by ample time for discussion and debate during coffee breaks. Dedicated teachers from all over the world will be asked to lecture on their area of expertise.

So, if you wish to learn surgical techniques in hip surgery, Prague is the place for you.

**Target audience:** world

**Venue:** Prague Congress Centre

**Date:** Tuesday, 6 September 2011

Welcome Vikas KHANDUJA

Logout

### MENU

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**SICOT**  
a.i.s.b.t.

## Prague TWC 2011

### SICOT Educational Day 2011 (registration closed)

The SICOT Educational Day is a new initiative undertaken by the SICOT Young Surgeons Committee. The aim of this day is to provide a comprehensive review course for residents and an evidence-based update for practicing surgeons on a specific theme at each SICOT Congress. The theme is selected in such a way that it is mutually beneficial to the residents in their exams and to the orthopaedic surgeons in their daily practice.

The theme chosen for this year is 'The Hip'. Great teachers from around the world are being brought together to lecture on their area of expertise.

#### Programme (pdf)

<b>Topic:</b>	The Hip	
<b>Venue:</b>	Prague Congress Centre, Prague, Czech Republic	
<b>Date:</b>	Tuesday, 6 September 2011	
<b>Time:</b>	08:00-17:00	
<b>Fees:</b>	<b>SICOT Associate Members</b>	EUR 75
	<b>SICOT Active Members</b>	EUR 100
	<b>Non-Member Trainees</b>	EUR 150
	<b>Non-Members</b>	EUR 200

For more information, please contact the Congress Secretariat at [congress@sicot.org](mailto:congress@sicot.org).



# RESULTS



# RESULTS

**Tuesday, 6 September**

**Club H**

Tuesday, 6 September  
Club H

08:00 - 09:40

**Educational Day**

**The Hip**

*Moderator:*

Vikas KHANDUJA (UNITED KINGDOM)

**INTRODUCTION & WELCOME**

Vikas KHANDUJA (UNITED KINGDOM)

**SICOT YSC & ITS ACTIVITIES**

Hatem SAID (EGYPT)

**APPLIED ANATOMY OF THE HIP**

Vishy MAHADEVAN (UNITED KINGDOM)

**SURGICAL EXPOSURES TO THE HIP**

Vishy MAHADEVAN (UNITED KINGDOM)

**BASIC BIOMECHANICS OF THE HIP JOINT**

Emmanuel AUDENAERT (BELGIUM)

09:40 - 10:20

*Coffee break*

10:20 - 12:00

**Educational Day**

**The Hip**

**ACETABULAR FRACTURES & DISLOCATIONS**

Valer DZUPA, J. SKALA (CZECH REPUBLIC)

**NECK OF FEMUR FRACTURES**

Fatih KUCUKDURMAZ (TURKEY)

**TROCHANTERIC & SUBTROCHANTERIC FRACTURES**

Hatem SAID (EGYPT)

**ARTHRODESIS OF THE HIP**

Josef VCELAK (CZECH REPUBLIC)

**ARTHROSCOPY OF THE HIP**

Vikas KHANDUJA (UNITED KINGDOM)

12:00 - 13:00

*Lunch break*

13:00 - 14:40

**Educational Day**

**The Hip**

**OSTEOTOMIES AROUND THE HIP**

Khaled EMARA (EGYPT)

**PRIMARY THR & DIFFICULT PRIMARY THR**

Mandeep DHILLON (INDIA)

**THR – FIXATION**

Tomas TRC (CZECH REPUBLIC)

**THR – BEARINGS**

Hitendra DOSHI (SINGAPORE)

**THR – COMPLICATIONS & PITFALLS**

Jacob MUNRO (NEW ZEALAND)

14:40 - 15:20

*Coffee break*

15:20 - 17:00

**Educational Day**

**The Hip**

30300

**RECONSTRUCTION OF THE ACETABULUM IN REVISION THA**

Maheer HALAWA (UNITED KINGDOM)

**OSTEONECROSIS OF THE HIP**

Vijay SHETTY (INDIA)

**RESURFACING ARTHROPLASTY OF THE HIP**

Peter YAU (HONG KONG)

**EXCISION ARTHROPLASTY OF THE HIP**

Vratislav RYBKA (CZECH REPUBLIC)

**CLOSING REMARKS & COURSE EVALUATION**

Vikas KHANDUJA (UNITED KINGDOM)



# RESULTS

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- Bea has lost weight
- So have I
- 17 lecturers from around the globe have graciously given their time
- Approximately 100 delegates
- Some revenue addition!



# **BENEFITS**

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- International Orthopaedics®
- SICOT Newsletter and e-Newsletter
- Reduced registration SICOT meetings
- SICOT awards and fellowships
- Online Access to Educational material
- SICOT Education Centers



THE FUTURE



# THE FUTURE

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- Exciting development in SICOT
- Refine and Improve
- Feedback delegates and your goodselves
- Chairman - one cycle
- Programme Lead depending upon Theme



## Educational Day

Year	Theme
2011	Hip
2012	Knee & Foot & Ankle
2013	Shoulder & Elbow, Wrist & Hand
2014	Spine & Paediatrics
2015	Basic Sciences & Oncology

Trauma & Infection covered in each Theme



# OPEN INVITATION

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- If you wish to learn, share, debate and discuss ideas and surgical techniques in an exciting environment with a group of International surgeons in one room, the Educational Day is for you!





Thank You!

